



Klaudia

COUNSELLOR

ORGANISED • GENUINE • CARING • NON-JUDGEMENTAL

EDUCATION & QUALIFICATIONS

- Bsc Psychology, Brunel University London
- ABC Diploma in Therapeutic Counselling Level 4
- ABC Certificate in Counselling Skills Level 3
- Introduction to Counselling
- Extended Diploma Health & Social Care Level 3
- BACP Individual Member

EXPERTISE

- Anxiety
- Body Issues
- Depression
- Low mood
- sexuality
- LGBTQIA+
- Family
- Relationships
- Abuse
- Loneliness
- Confidence
- Work Issues
- Older Peoples Counselling
- Bereavement
- Loss
- Current/Recent events
- Past events
- Stress
- Self-Esteem
- Life transitions
- Young adults
- Person Centred

SAFETY CHECKS

- DBS

PERSONAL EXPERIENCE

- Past health care assistant and senior health care assistant, for dementia and palliative patients.
- Past volunteering and experience with Cruse Bereavement Support, ELOP LGBT mental health and wellbeing and Womens centre - 1:1 counselling support.
- Volunteering, providing in person, person centred counselling for women who have been through abuse and negative past experiences, identity and relationship issues.
- Experience in delivering online and in-person counselling.

