



# Monica

## SCHOOL COUNSELLOR

CONSISTENT • ADAPTABLE • TRANSPARENT • TEAM-ORIENTATED

### EDUCATION & QUALIFICATIONS

- MSc Psychodynamics of Human Development, Birkbeck University
- BSc Psychology, Middlesex University
- Supporting victims of crime
- Supporting victims of serious sexual crime



### EXPERTISE

- Anxiety
- Depression
- Self Harm
- School refusers
- Eating Disorders
- Victims of crime
- Victims of theft
- Victims of Domestic Violence
- Victims of Sexual abuse
- CBT
- Talking therapy

### SAFETY CHECKS

- Level 3, Safeguarding Children
- DBS

### PERSONAL EXPERIENCE

- A Pastoral Manager – working in close partnership with Form Tutors and Achievement Coordinators to address the needs of students, helping them to overcome barriers to learning both inside and outside the academy, pushing them towards their full potential.
- A family support and safeguarding officer, working with students experiencing health, social, emotional and behavioural difficulties and/or at risk of social exclusion/disaffection and their families so they can participate fully in home and college activities in order to achieve their full potential.
- A long-term temporary worker at various companies with roles including student support, and examination officer. Student support involved preparing suitable work for the student(s) under the guidance of the Lecturer, and making or adapting resources in order to access the learning activity at their appropriate level of understanding.

